

12TH ANNUAL

WALK AGAINST RAPE

SATURDAY, APRIL 8, 2017



SAN FRANCISCO WOMEN AGAINST RAPE

**Register NOW at www.sfwar.org/walk and
join the movement to end sexual violence**



10AM REGISTRATION + PROGRAM
2:30 PM FINISH LINE
VENUE: THE WOMEN'S BUILDING
3543 18TH STREET
BETWEEN VALENCIA ST. & GUERRERO ST.
ROUTE: 2.2 MILES

Original Illustration: Rini Templeton

WWW.SFWAR.ORG | 415.861.2024

Organized by SFWAR as part of Sexual Assault Awareness Month. Proceeds benefit SFWAR services.

REGISTRATION (10 am–10:45 am) & WALK (11 am–12:30 pm)

10:00 am Walk Registration (2nd Floor, The Women's Building)

Registración para la caminata (3er Piso, Edificio de Mujeres)

11:00am Program

Welcome by Emcee

Susana y sus Amigos

Carole Acuña

Young, Gifted & Black

11:45 am Line up & Warm up on Lapidge St.

Formación y ejercicios en Lapidge St.

12:00 pm Walk STARTS!

La Caminata arranca del Edificio de Mujeres

2:00 pm Walkers return to The Women's Building!

¡Los caminantes regresan al Edificio de Mujeres!

Please, be safe! During Walk, remain in one car lane to avoid oncoming traffic.

Por favor camine con cuidado! Durante la caminata, por favor mantenganse en una sola linea de auto y evite el tráfico en sentido

contrario.

Help us keep the area clean. Trash cans and recycling bins are available on every floor of the WOMEN'S BUILDING.

Ayúdenos a mantener la zona limpia. Los botes de basura y los contenedores de reciclaje están disponibles en cada piso del EDIFICIO DE MUJERES.

WATER is available in emergency vehicle following the walkers. *AGUA estará disponible en un vehículo detrás de los caminantes.*

WALK AGAINST RAPE is a 2.2-mile march. Please self-assess your capacity to complete the WALK. *LA CAMINATA es 2.2 millas de distancia. Por favor, evalúe su capacidad para completar La Caminata.*

EMCEES

NADIA KHASTAGIR

Nadia Khastagir is one of the founding members of Design Action Collective in Oakland, CA, providing strategic visual communications for progressive and social movement organizations. She is also in The Ruckus Society and the Center for Story-based Strategy training networks. She is also a member of Asians 4 Black Lives.

ALICIA MALDONADO

Alicia is a queer Chicana originally from San Diego. Alicia has been dedicated to survivor-led, anti-violence prevention education and social movements for over 10 years since her years doing student organizing at the University of San Francisco (USF). While at USF Alicia was active in student organizing for LGBTQ community-building, the anti-trafficking abolitionist movement, and gender-based violence prevention. She is currently the Director of Community Initiatives at SFWAR. For the past 5 years she has been the Community Educator with SFWAR doing sexual violence prevention education with youth throughout San Francisco.

ANJALI VERMA RUVALCABA

As a longtime SFWARRIOR, Anjali has been instrumental in fundraising for WALK AGAINST RAPE for over 7 years. As one of SFWAR's top individual fundraisers, she has raised almost \$30,000 for WALK. She is fiercely committed to ending violence in our communities and has previously worked at Episcopal Community Services of San Francisco and at St. Vincent de Paul Society of San Francisco. She is also a part of South Asian Sisters, a collective dedicated to empowering our community to resist all forms of oppression, and had been involved with "Yoni Ki Baat" (YKB) in some way, shape, or form since 2003.

PERFORMERS:

BRASS LIBERATION ORCHESTRA

The Brass Liberation Orchestra makes loud on the streets to inspire, instigate, agitate, mourn, celebrate, and communicate. We stand in solidarity with groups and movements who are working for a more just and equitable world. We are a work in progress. We work to build a multigender / multiracial / multigenerational group that enhances and strengthens the culture of the Left. Learn more at www.brassliberation.org

CAROLE ACUÑA

After becoming a professional dancer at 14, Ms. Acuña has been quite busy since. One of the featured professionals in Sunset Magazine as "Living The Dream" and named a "A star in her own right" by Ann Murphy of the Oakland Tribune News, Carolé (pronounced Carolay) is a Meisner trained actor, comedian, flamenco & modern dancer, choreographer, writer, activist. She is a Sanford Meisner Film Festival, Best Supporting Actress Nominee, an Isadora Duncan Dance Award (Izzie) nominee in individual performance, was just invited to be on the Izzie award committee. Her work is seen in film, theater, television, commercials, heard on the radio. She carries on the Flamenco and Spanish Dance legacy of her world renowned mother and is the assistant director of Carolina Lugo's & Carolé Acuña's Ballet Flamenco. Carolé was named "The top flamenco dancer in America" on So You Think You Can Dance, she also warmed up the other auditioning dancers with some stand-up comedy by request of the judges. "Acuña expertly raises one eyebrow and with her chin up, she balances on a three-inch stiletto heel. Suddenly, the comedienne slumps, lowering her foot and eyebrow simultaneously as she

delivers her punchline on stage in front of a laughing audience.”– Janice De Jesus, Contra Costa Times. She was one of the original hand picked chosen artists by Jennifer Lopez to be on Q’Viva! The Chosen. Her artistic works have a focus on social change, she is actively involved with San Francisco Women Against Rape (SFWAR) and creator of Climate Narwhal. caroleacuna.com

YOUNG, GIFTED & BLACK (YGB)

Young, Gifted and Black, or YGB, is an organization of youth between the ages of 6 – 18. The 50 members of YGB are organized in three groups: 1) Elementary/MS; 2) YGB Kings (MS/HS Boys); 3) YGB Sheroes (MS/HS Girls). The members represent 31 schools in the Bay Area, public, parochial, independent, and private. Its home base is Oakland, CA, and it is in its seventh year of operation.

The focus of Young, Gifted and Black is to study, intensely, African-American history and culture through spoken word, poetry, music, and travel. The performances are the result of the lessons learned through completed studies and related experiences, and differ in content, each appropriate to the age and grade levels of the presenting group.

YGB is directed by Laroilyn H. Davis,

Educator; Hodari B. Davis, former National Program Director for Youth Speaks, Inc., and Candice Wicks Davis, Educator and Performer. The group is sponsored by, and is a part of the educational initiatives of the 100 Black Men of the Bay Area, Inc.

To discover more about the power of this group of young people, please see our website, www.proud2beblack.org, or go to the Young, Gifted and Black Facebook page. To explore booking the group for a performance, please see "Book Us" on our website menu.

SFWAR ACCESSIBILITY FOR WALK AGAINST RAPE

Fragrance Free Access:

Though we cannot guarantee a scent free safe space, during our outreach efforts, we are encouraging Walk participants to come scent free to WALK. Additionally, there will be scent free hand soap in the restrooms.

During the program in the auditorium, there will be a scent free area near air flow with standing room and limited seating for pregnant, elderly, and/or disabled folks.

During the march, we will be in a public space and therefore, may encounter fragrances. Please do what you need to do to take care of yourself and please let a SFWAR volunteer or staff member know if we can assist you in any way.

Access for Deaf and Hard of Hearing:

American Sign Language (ASL) interpretation for the program will be available. An ASL interpreter will also be available at registration and in the auditorium prior to the show. ASL interpretation is provided by *Bay Area Communication Access*.

Access for People with Limited Mobility:

The Women's Building is wheelchair accessible, including restrooms. During the program,

wheelchair accessible/ companion seating will be available in the front row. Please note that seats are NOT cushioned. If you emailed us prior to the WALK, a cushioned chair will be provided to you. Please call 734-904-4276 for day of support. During the march, SFWAR will provide an accessibility vehicle that will follow the march from start to finish. If you emailed us prior to the WALK to reserve a spot in this vehicle please call 734-904-4276 on the day for vehicle logistics. SFWAR also invites wheelchair users and folks with mobility devices to join us at the front of the march. The pace will be determined by you! **Access for Larger Bodied People:**

All chairs within the auditorium do not have arm rests. Please let us know as soon as possible if you need other seating arrangements.

Access for Neurodivergent Community:

SFWAR welcomes all communication styles and movements so feel free to flap, stim, and do what you need to do to be present. Please bring whatever you need to participate, including formal and informal augmentative aids and alternative communication devices.

Access for People with Chronic Illness:

There will be limited seating in the auditorium and seats will NOT be cushioned. If you emailed us prior to the WALK, a cushioned chair will be provided to you. Please call 734-904-4276 for day of support.

Additional Access Information:

Large print copies of the program brochure will be available on the WALK website:

www.sfwar.org/walk

Our venue, The Women's Building, admits service dogs

Public transportation near the venue (The Women's Building, 3543 18th Street, SF): 16th Street Bart Station Bus Lines: 43, 49, 33, 14

Thank you for partnering with us to create collective access for all of our community.

We extend our appreciation to Sins Invalid (SinsInvalid.org) for their support with the Accessibility Framework.

If you have access concerns, or any feedback, please contact Bhavana Manchanda via email at bhavanamanchanda@sfwar.org.

If You Have Been Raped

First, get to a safe place.

Get medical care: Free medical care is available for any injuries as well as pregnancy testing and testing for sexually transmitted diseases. Call San Francisco General Hospital at 415-206-8111 or the Trauma Recovery/Rape Treatment Center at 415-437-3000 for more information.

Get support: You can tell a friend or family member or call the San Francisco Women Against Rape (SFWAR) crisis line at 415-647-7273. Rape crisis advocates are available 24-hours/day and can help with counseling and provide referrals for medical, legal, shelter and other services.

You Have The Right To...

Be treated with respect, dignity and courtesy.
File a police report and receive services, no matter what your relationship is to the assailant.

Not be judged because of your race, age, class, gender, sexual orientation, ability, or occupation.

Have a sexual assault counselor come with you to medical, law/enforcement and legal proceedings.

Privacy when meeting with a counselor or a

police officer.

Understand any forms you are asked to sign.

Ask questions and get answers about any tests, exams, medications, treatments or police reports.

Be told of any necessary information follow-up care and testing.

Voice complaints and expect to have them heard and acknowledged.

Decline police involvement or any other services.

Resources

San Francisco Women Against Rape (SFWAR): Crisis intervention; counseling; legal, medical, and social service advocacy and accompaniment. Support for sexual assault survivors and significant others available in Spanish, English, many Asian and other languages. 24-Hour Rape Crisis Line: 415-647-7273.

Trauma Recovery/Rape Treatment Center: Medical treatment and follow-up; evidence collection; optional police report; counseling (individual and groups). Serves women and men 18 and older. 415-437-3000.

Community United Against Violence (CUAV): Serving gay, lesbian, bisexual, and transgender communities and survivors of intimate partner and hate violence. 24-Hour Safety Line: 415-333-4357.

W.O.M.A.N., Inc: 24-hour domestic violence hotline, in-person counseling, support groups, assistance with restraining orders and acquiring shelter. 24-Hour Crisis Line 415-864-4722.

Special Victims/Sexual Assault Unit/SFPD
Police Inspectors investigating reports of
sexual violence. 415-553-1361

District Attorney's Victim Services Program
Advocacy with court proceedings and help
with victim compensation claims. 415-553-
9044

**If You Are Raped, Remember It was Not Your
Fault.**

You are not Alone.

You deserve Support.

If You Want To File A Police Report

Reporting to the police is your choice. If you
decide not to go to the police right away, write
down everything you remember about the
assault and save it in case you decide to make
a report later.

It is recommended not to shower or change
clothes before going for a medical exam. If
forced to have oral sex, it is suggested to not
drink or smoke. Even if you have already done
any of these things, it may still be possible for
evidence to be collected. This should not stop
you if you want to file a police report.

You may call a friend, family member, or the
police to take you to the hospital. Bring an

extra change of clothes. An advocate or social worker will be available at the hospital to provide counseling and referrals.

The medical exam is an important part of the evidence collection needed to file a police report. It is important to have this exam as soon as possible, at least within 5 days of the assault.

You have the right to have an advocate come with you for any medical care and police or legal proceedings.

Reactions To Sexual Assault

As a survivor of sexual assault, you may find yourself having some of the following feelings:

- Anger
- Emptiness
- Embarrassment
- Powerlessness
- Depression
- Self-blame, Guilt or Doubt
- Fear
- Isolation
- Anxiety
- Numbness/Shock

These feelings are natural. You are not to blame for what happened. You are alive, you

are a survivor and now is the time to begin the process of recovery. Reaching out for support is part of the healing process.

Walk Against Rape is organized by San Francisco Women Against Rape (SFWAR).

La Decimá Caminata Contra la Violación Sexual es organizada por Mujeres de San Francisco contra la violación sexual.

Staff | Personal: Alicia Maldonado, Bhavana Manchanda, Diana Tejada, Dolores Tejada, Evelyn Garcia, Janelle White, Kristie Chan, Theresa Currie, Kristina Lee, and Zully Batres.

Interns | Internas: Cynthia Gutierrez

Board of Directors | Mesa Directiva: Carolyn JiJong Goossen, Iris Gracia, Laura Goode, Nadia Khastagir, Preeti Shekhar, and Tanya Reyes. For more information on how to become a Board Member, please call Janelle White, 415.861.2024 ext. 307.

Si le interesa ser miembro de la mesa directiva, por favor llame a: Janelle White, 415.861.2024 ext. 307.

San Francisco Women Against Rape

3543 18th Street, Suite 7

San Francisco, CA 94110

415/ 861 2024 | Fax: 415/ 861 2092

24-hour Crisis Line 415/ 647-7273

www.sfwar.org

All Services Free & Confidential

Collect calls accepted